



Accessibility Plus

Home Modification Tips

Home modifications allow individuals **independent home living** despite the lifestyle changes that come with disabilities and/or aging.

Need more immediate assistance with a return home? We have the flexibility to assist with immediate needs such as a return home from hospitalization or rehabilitation, just give us a call at 608-335-6779 or 608-221-0161 to discuss.

Listed below are some **home modification tips** to help **prevent trips and falls**.

- Removing or securing all carpets and area rugs with double-sided tape
- Placing reflective, nonskid tape on uncarpeted stairs
- Rearranging all extension cords and phone cords so that they are out of the walkway
- Installing handrails along both sides of all stairs
- Place automatic, light-sensor lights on exterior and interior
- Placing non-skid strips or decals in the tub or shower
- Installing a shower seat or bench
- Placing a comfort height toilet seat to simplify the raising and lowering of themselves
- Creating floor level entries to tubs and toilets
- Installing a walk-in or no-threshold shower in place of an existing bathtub



Accommodate decreased hand dexterity and strength by:

- Replacing doorknobs with lever handles
- Replacing faucets with lever, touch or sensor-style faucets
- Installing easy-to-grasp handles on drawers & cabinet doors
- Use adjustable and low rods and shelves in closets and cabinets



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Home Modification Tips - continued

Accommodate loss of balance and flexibility by minimizing bending and stretching in the following ways:

- Place a bench or table near outside doors for placing packages while opening the door
- Eliminate changes in floor heights
- Create floor level entries to tubs and toilets
- Install hand-held showerheads and grab bars
- Replacing faucets with lever, touch or sensor-style faucets
- Modify cupboards to have slide in, slide out drawers or shelves
- Modify kitchen appliances; for example a dishwasher can be elevated for better accessibility
- Modify countertops and sinks



Accommodate wheelchairs by:

- Widening Doorways
- Installing Ramps for a step-free entrance into your home
- Using hard surfaces for flooring
- Eliminating changes in floor heights
- Installing a walk-in or no-threshold shower in place of an existing bathtub
- Installing hand-held showerheads and grab bars
- Modify countertops and sinks
- Use a front-loading washer, and place the washer, dryer, shelves and work surfaces at reachable heights

Accessibility Plus can assist you or a loved one with conducting an in-home safety assessment and implementing any needed home modifications. Contact us today at 608-221-0161 or via our website at accessibilityplusonline.com to set up your no obligation appointment!